

HOUSING VIVIENDA

- Alpha Project (619) 542-1877
- South Bay Community Services Domestic Violence and resources for youth and families with children (619) 420-3620 or 1 (800) 640-2933
- Interfaith Seasonal Shelter Networks (619) 702-5399
- Safe Parking Program (858) 637-3373
- East County Transitional Living Center Residential program (619) 442-0457

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EMERGENCY ASSISTANCE ASISTENCIA DE EMERGENCIA

- Immediate emergency assistance 911
- San Diego Access and Crisis Line (888) 724-7240
- Suicide Hotline (800) 273-8255
- Courage to Call Veteran Resource 1-877-698-7838

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CONTACT INFORMATION INFORMACION DE CONTACTO

CVPD HOT Team
(619) 691-5827 or (619) 409-1961

For information on Chula Vista Homeless Housing

Programs contact:

homelessness@chulavistaca.gov



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CVPD HOT Team
(619) 691-5187 or (619) 409-1961

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Rev. 02/2024



Homeless Services Resource Guide



The City of Chula Vista neither sponsors nor endorses this information; it is provided by the City as a community service.



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PHYSICAL HEALTH

SALUD FISICA

- Family Health Center
Dental, Vision, Substance Use, etc.
(619) 515-2500
- Veterans Affairs Health (619)
400-5157
- San Ysidro Health Center
(619) 662-4100
- La Maestra Community Health
Centers
Dental, Medical, Family Practice,
etc.
(619) 434-7308
- Samahan Health Centers
Pediatric, Dental, Women's Health
(844) 200-2426

MENTAL HEALTH

SALUD MENTAL

- South Bay Guidance
Center
Psychiatry, Medication,
Counseling, etc.
(619) 427-4661
- National Alliance on
Mental Illness
(619) 543-1434
- MISC.**
- Travelers Aid San Diego
Transportation resource for those
stranded, fleeing an abusive
situation, or without resources
(619) 295-8393

PUBLIC ASSISTANCE

ASISTENCIA PUBLICA

- 2-1-1 San Diego Resources
and Information - 211
- County HHSA
MediCal, CalFresh, CalWORKS,
General Relief, etc.
(619) 409-3310
- Community Through Hope
Clothing, Food, etc.
(619) 915-7256
- St. Rose of Lima
Food and Clothing on certain days
(619) 427-7637

SELF HELP

AYUDA PROPIA

- San Diego County Alcohol
and Drug Services (619)
584-5007
- Alcoholics Anonymous
(619) 476-0288
- Narcotics Anonymous
(619) 584-1007
- McAllister Institute
Substance use treatment and
recovery services
(619) 691-8164
- Labor Finders
(619) 691-0058

*This guide is meant to be a pocket resource.
Print double-sided and cut where indicated.*

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MENTAL HEALTH

SALUD MENTAL

- Mental Health America
Screening for prevention and early
identification of mental illness
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- National Alliance on
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